

# OFN MONTHLY

OFFICIAL PUBLICATION OF OPERATION FIT NATION

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COMMUNITY**

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*Receive wellness tips, tools,  
and advice upcoming events,  
giveaways, and more!*

  
OPERATION FIT NATION

## OFN WELLNESS COMMUNITY

STAY IN THE KNOW!

JOIN OUR COMMUNITY BY CLICKING ON THE GRAPHIC ABOVE

FOLLOW ALONG WITH US ON INSTAGRAM AND FACEBOOK  
@OPERATIONFITNATION

CHECK OUT OPERATIONFITNATION.ORG TO ACCESS RESOURCES,  
WAYS TO PLUG IN, AND MORE

CONTACT US AT OPERATIONFITNATION@GMAIL.COM

# FUNDRAISING FOR FRIENDS

Our OFN Spring 2022 fundraising has begun, and we have a variety of ways for YOU to get involved!

Throughout March, proceeds we raise will be put towards requested items from the Boys & Girls Club Oxford branch! In addition to your donations supporting our upcoming summer Wellness Boxes, we will be directly collecting and funding items such as soccer goals for the Boys & Girls youth who have specifically asked for these items over time!

You can give via Venmo, sending your donation to our OFN linked account - [@Lawrence-Muruako](#). You are also welcome to donate directly through the [Create Foundation](#) where we ultimately collect all funds raised - to do so, click [here](#). You are additionally welcome to write a check and give in that way, contacting us to drop it off at an agreed upon location.

We are so grateful for whatever you can give to make these kids' dreams a reality! We want to make them feel loved and valued, and your contribution helps to do so!

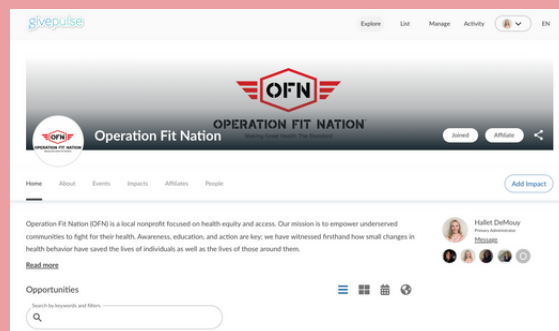
We have spent time with our friends at the Boys & Girls Club in Oxford, striving to be consistent to the kids and incite good health through games and competitive activities through offering prizes. The kids love it, and we do too!

We have strengthened our partnership and friendship with the Boys & Girls Club through our physical and financial support this season. We have worked with those at the Boys & Girls Club to create a list of items that the children need, want, or both! These kids are so special and we are thrilled to offer a way to express to them that we hear them and are willing to make their dreams become reality.

These kids will also be recipients of our summer Wellness Boxes, and they're already offering helpful, fun ideas of what they'd like to see in these next boxes. The Wellness Boxes were one of the first topics to arise after the Boys & Girls Club began allowing outside volunteers again, and we are so excited that Healthy Halloween 2021 made a positive, lasting impact on those who received the goody box.

As we continue showing up for these kids, we ask you to please consider giving in any way you can. We are very grateful to be able to do what we can, and we recognize it is only through YOU that we are able to support these youth in a variety of ways. As we continue fundraising, we will construct and create a list of items that we hope you feel called to support however possible.

## OFN GIVEPULSE + VOLUNTEER CALL



Are you interested in volunteering with Operation Fit Nation? Do you wish there was a way to see what events and opportunities we have coming up, an easy access point to sign up and stay involved? Look no further!

Our OFN GivePulse page is where all service opportunities and events directly associated with Operation Fit Nation are outlined and detailed. You can click the graphic above to browse our page, look at upcoming opportunities, and sign up to serve!

## MINDFUL MARCH 2022 MONTHLY CHALLENGE



This month, let's ground ourselves with mindfulness in all that we do! Participate in our Mindful March 2022 monthly challenge calendar by clicking on the graphic provided to download your own copy for FREE!



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